

# TREATMENT MENU



## STAY OVER EXPERIENCE

Enjoy your Spa treatments in privacy and comfort.  
Incorporating European opulence within an African environment.

### DEVINE ESCAPE STAY OVER

#### SERVED ON ARRIVAL

Selection of Arrival snacks

#### FOOD SERVICE

Spa Picnic Lunch

#### ACCOMMODATION

Executive Suite inclusive of dinner bed & breakfast

#### TREATMENTS - 3 hrs, 30min

- Aroma Spa Bath
- Signature Facial OR  
Express Mani- & Pedi with Scalp Massage.
- Hot Stone Full Body Massage
- Reflexology Ritual
- Eye Massage

R 7 450.00 for two

### RETREAT FOR TWO

#### SERVED ON ARRIVAL

Selection of Arrival snacks

#### FOOD SERVICE

Spa Picnic Lunch

#### ACCOMMODATION

Executive Suite inclusive of dinner bed & breakfast

#### TREATMENTS - 3 hrs, 30min

- Aroma Spa Bath
- Shea Butter Full Body Massage
- Boobab Vit C Facial OR  
Express Mani & Pedicure
- Reflexology Ritual
- African Scalp Massage

R 7 650.00 for two

### AFRICAN INDULGENCE

#### SERVED ON ARRIVAL

Selection of Arrival snacks

#### FOOD SERVICE

Spa Picnic Lunch

#### ACCOMMODATION

Executive Suite inclusive of dinner bed & breakfast

#### TREATMENTS - 5 hrs, 30min

- Aroma Spa Bath
- Spa in the Country Royal Glow Experience  
(Full Body Massage & Scrub)
- Signature Facial OR  
Conditioning Mani- & Pedicure
- Reflexology Ritual
- Eye Massage

R 7 950.00 for two

### SIGNATURE ROOM EXPERIENCE

#### SERVED ON ARRIVAL

Selection of Arrival snacks

#### FOOD SERVICE

Spa Picnic Lunch

#### ACCOMMODATION

Executive Suite inclusive of dinner bed & breakfast

#### TREATMENTS - 5 hrs

- Aroma Spa Bath
- Royal Glow Experience  
(Full Body Massage & Scrub)
- Signature Facial
- Conditioning Mani- & Pedicure

R 8 250.00 for two



## TREATMENT MENU

### STAY OVER PACKAGES

#### AFRICAN EXPERIENCE

##### FOOD SERVICE

Spa Picnic Lunch

##### ACCOMMODATION

Deluxe Room inclusive of dinner bed & breakfast

##### TREATMENTS - 3hrs 15min

Aroma Spa Bath  
Hot Stone Full Body Massage  
African Glow Facial  
African Scalp Massage  
Eye Massage

R 6 850.00 for two

#### ROYAL INDULGENCE STAYOVER

##### SERVED ON ARRIVAL

Selection of Arrival snacks

##### FOOD SERVICE

Private 4 course dinner

##### ACCOMMODATION

Royal Suite inclusive of dinner, bed & breakfast

##### TREATMENTS - 4hrs

Aroma Spa Bath  
Spa in the Country Royal Glow Experience  
(Full Body Massage & Scrub)  
Signature Facial  
Reflexology Ritual  
Eye Massage

R 16 350.00 for two

#### PRESIDENTIAL INDULGENCE STAYOVER

##### SERVED ON ARRIVAL

Selection of Arrival snacks

##### FOOD SERVICE

Private 6 course wine paired dinner

##### ACCOMMODATION

Presidential Suite inclusive of dinner, bed & breakfast

##### TREATMENTS - 4hrs 15min

Aroma Spa Bath  
Spa in the Country Royal Glow Experience  
(Full Body Massage & Scrub)  
Hydrating & Nourishing Facial  
Reflexology Ritual  
Express Mani- and Pedicure

R 22 400.00 for two

#### SOOTHING SANCTUARY EXPERIENCE

##### SERVED ON ARRIVAL

Selection of Arrival snacks

##### FOOD SERVICE

Spa Picnic Lunch

##### ACCOMMODATION

Deluxe Room inclusive of dinner bed & breakfast

##### TREATMENTS - 1hr 20min

Back, Neck & Shoulder Massage  
African Scalp Massage  
Express Pedicure

R 4 950.00 for two

#### PAMPER ESCAPE STAY OVER

##### SERVED ON ARRIVAL

Selection of Arrival snacks

##### FOOD SERVICE

Spa Picnic Lunch

##### ACCOMMODATION

Deluxe Room inclusive of dinner bed & breakfast

##### TREATMENTS - 3hrs 15min

Hot Stone Full Body  
African Glow Facial  
African Scalp Massage  
Express Mani- and Pedicure

R 6 350.00 for two

#### DELUXE ESCAPE STAY OVER

##### SERVED ON ARRIVAL

Selection of Arrival snacks

##### FOOD SERVICE

Spa Picnic Lunch

##### ACCOMMODATION

Deluxe Room inclusive of dinner bed & breakfast

##### TREATMENTS

Signature Facial  
Paraffin Dip Manicure  
Deluxe Jellspa Pedicure (Incl. Eye Treatment)  
Shea Buffet Full Body Massage  
African Scalp Massage

R 7 350.00 for two

## TREATMENT MENU

### DAY PACKAGES

#### DIVINE ESCAPE

**SERVED ON ARRIVAL**

Selection of Arrival snacks

**FOOD SERVICE**

Spa Picnic Lunch

**TREATMENTS - 3hrs 15min**

- Aroma Spa Bath
- Signature Facial OR Express Mani- & Pedicure with Scalp Massage
- Hot Stone Full Body Massage
- Reflexology Ritual
- Eye Massage

R 3 000.00 per person

R 5 400.00 for two

#### RETREAT FOR TWO

**SERVED ON ARRIVAL**

Selection of Arrival snacks

**FOOD SERVICE**

Spa Picnic Lunch

**TREATMENTS - 3hrs 15min**

- Aroma Spa Bath
- Shea Butter Full Body Massage
- Boabab Vit C Facial OR Express Mani- & Pedicure
- Reflexology Ritual
- African Scalp Massage

R 5 600.00 for two

#### AFRICAN INDULGENCE ESCAPE

**SERVED ON ARRIVAL**

Selection of Arrival snacks

**FOOD SERVICE**

Spa Picnic Lunch

**TREATMENTS - 4hrs 15min**

- Aroma Spa Bath
- Spa in the Country Royal Glow Experience (Full Body Massage & Scrub)
- Signature Facial OR Conditioning Mani- & Pedicure
- Reflexology Ritual
- Eye Massage

R 3 000.00 per person

R 5 600.00 for two

### AFRICAN EXPERIENCE

**FOOD SERVICE**

Spa Picnic Lunch

**TREATMENTS - 3hrs**

Aroma Spa Bath  
Hot Stone Full Body Massage  
African Glow Facial OR Reflexology  
Africa Scalp Massage  
Eye Massage

R 2 100.00 per person

R 4 000.00 for two

### ROYAL EXPERIENCE

**FOOD SERVICE**

Spa Picnic Lunch

**TREATMENTS - 4hrs 30min**

Spa in the Country Royal Glow Experience (Full Body Massage & Scrub)  
Signature Facial  
Deluxe Jellspa Pedicure (Incl. Eye Treatment)  
Conditioning Manicure

R 2 300.00 per person

R 4 500.00 for two

### PREGNANCY PAMPER EXPERIENCE

**FOOD SERVICE**

Spa Picnic Lunch

**TREATMENTS - 3hrs 30min**

Prenatal Massage  
Conditioning Manicure  
Conditioning Pedicure  
African Scalp Massage

R 1 600.00 per person

### HALF- DAY PACKAGES

#### CHAMPAGNE BREAKFAST EXPERIENCE

Champagne Breakfast at the Hotel Restaurant  
187ml Sparkling Wine (JC le Roux La Domaine)  
Full use of spa facilities

**TREATMENTS - 1hr 30min**

Shea Butter Full Body Massage  
Kalahari Hydrating & Nourishing Facial

R 1 250.00 per person

R 2 200.00 for two

## TREATMENT MENU

### PERFECTLY PEACEFUL

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Full use of spa facilities

TREATMENTS - 1hr 20min

Back, Neck & Shoulder Massage  
Reflexology Ritual

R 800.00 per person  
R1500 for two

### COMPLETE COMFORT

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Full use of spa facilities

TREATMENTS - 2hrs 30min

Back, Neck & Shoulder Massage (30 min)  
Conditioning Mani- and Pedicure (2hrs)

R 900.00 per person  
R 1 700 for two

### GIRLS DAY OUT EXPERIENCE

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Full use of spa facilities

FOOD SERVICE

Spa Lunch

TREATMENTS - 2 hrs 15min

Back, Neck & Shoulder Massage  
Express Manicure  
Deluxe Jelli Spa Pedicure (Incl. Eye Treatment)  
Eye Massage

R 1 200.00 per person or  
R 2 200.00 for two

### SPECIAL PACKAGES

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#### BRIDAL PACKAGE

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FOOD SERVICE

Spa Picnic Lunch

TREATMENTS - 6hrs

Spa in the Country Royal Glow Experience  
(Full Body Massage & Scrub)  
Boabab Vit C Facial  
Lash OR Brow Tint  
Manicure and Pedicure with Gelish Overlay  
Eye Massage

R 2 470.00 per person  
R 4 740.00 for two



### ANNIVERSARY PACKAGE

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FOOD SERVICE

Spa Picnic Lunch

TREATMENTS - 2hrs 30min

Shea Butter Full Body Massage  
African Scalp Massage  
Reflexology Ritual  
Aroma Spa Bath  
187ml Sparkling Wine (JC le Roux La Domaine)

R 3 500.00 for two

### MOM AND ME PACKAGE

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FOOD SERVICE

Spa Picnic Lunch

TREATMENTS - 4hrs

Swedish Massage  
African Glow Facial  
Conditioning Manicure  
Conditioning Pedicure  
Eye Massage

R 1 950.00 per person  
R 3 630.00 for two

# SPA IN THE COUNTRY AT MISTY HILLS

## TREATMENT MENU

### MASSAGE RITUALS

Spa in the Country Royal Glow Experience (Full Body Massage & Scrub) (1hr 30min)	R 1000.00
Shea Butter Full Body Massage (1hr)	R 650.00
Hot Stone Full Body Massage (1hr)	R 750.00
Hot Stone Back, Neck & Shoulder Massage (45min)	R 500.00
Swedish Massage (1hr)	R 580.00
Deep Tissue Massage (1hr)	R 700.00
Back, Neck and Shoulder Massage (30min)	R 400.00
African Scalp Massage (20min)	R 300.00
Prenatal Massage (1hr)	R 650.00
Reflexology Ritual (45min)	R 450.00
Hand and Arm Ritual (20min)	R 280.00
Eye Massage (20min)	R 150.00
Foot and Leg Ritual (30min)	R 300.00

### ESSENTIAL GROOMING RITUALS

#### HAND RITUALS

Conditioning Manicure (1hr)	R 330.00
Gelish Overlay with Manicure (1hr 30min)	R 450.00
Gelish application - No manicure (30min)	R 280.00
Deluxe Jellispa Manicure (Incl. Eye Treatment) (1hr)	R 400.00
Express Manicure (File and Polish) (30min)	R 160.00
Paraffin Dip (15min)	R 100.00

#### FOOT RITUALS

Conditioning Pedicure (1hr)	R 350.00
Gelish Overlay with Pedicure (1hr 30min)	R 450.00
Gelish application - No Pedicure (30min)	R 280.00
Deluxe Jelli Spa Pedicure (Incl. Eye Treatment) (1hr)	R 400.00
Express Pedicure (File and Polish) (30min)	R 160.00
Calluse Medi Pedi Peeling Solution add on (20min)	R 130.00
Calluse Medi Pedi Peeling - Treatment Only (40min)	R 250.00
Paraffin Dip (15min)	R 100.00

All allocated times include the dressing & undressing of guests. Should you arrive late, we will complete the treatment as per reserved time.

Please ensure swimming costumes are worn in all public areas.

Bookings essential, terms & conditions apply. E&OE.

Prices & packages subject to change without prior notice

### WAXING RITUALS

Full Leg Wax (1hr)	R 350.00
3/4 Leg Wax (45min)	R 300.00
Half Leg Wax (30min)	R 280.00
Full Arm Wax (45min)	R 250.00
1/2 Arm Wax (30min)	R 150.00
Bikini Wax - Standard (30min)	R 200.00
Bikini Wax - Brazilian (45min)	R 280.00
Bikini Wax - Hollywood (1hr)	R 320.00
Under Arm Wax (30min)	R 180.00
Full Face Wax (45min)	R 340.00
Half Face Wax (30min)	R 160.00
Lip, Chin or Brow Wax (20min)	R 80.00
Eyebrow Shape (20min)	R 90.00

### BODY TREATMENTS

African Wrap	R 350.00
Package of 5 Wraps	R 1400.00
Chilli Wrap	R 450.00
Package of 5 Wraps (every 3 days)	R1900.00

### GROOMING RITUALS

Eyelash Tint (30min)	R 90.00
Eyebrow Tint (20min)	R 90.00
Eyelash & Brow Tint (45min)	R 170.00

### FACIAL RITUALS

Signature Facial (1 hr)	R 500 .00
Boabab Vit C Facial (1 hr)	R 480 .00
African Glow Facial (1 hr)	R 480 .00
Hydrating & Nourishing Facial (30 min)	R 350 .00

### EXTRAS

Nail Art Per Nail	R 30.00
Nail Repair	R 60.00
Soak Off / Buff	R 100.00
Refill (2 weeks)	R 200.00
Refill French (2 weeks)	R 250.00
Aroma Spa Bath	R 300.00
Spa facilities	R 100.00
Spa Picnic Lunch (Excluding drinks)	R 225.00