

# TREATMENT MENU



## STAY OVER EXPERIENCES

Enjoy your Spa treatments in privacy and comfort.  
Incorporating European opulence within an African environment.

### DIVINE ESCAPE STAY OVER

#### SERVED ON ARRIVAL

Selection of Arrival snacks

#### FOOD SERVICE

Spa Picnic Lunch

#### ACCOMMODATION

Lakeside Suite inclusive of dinner bed & breakfast

#### TREATMENTS - 3 hrs, 30min

- Aroma Spa Bath
- Express Facial OR  
Express Mani- & Pedi with Scalp Massage.
- Hot Stone Full Body Massage
- Foot Ritual

R 7 450.00 for two

### AFRICAN INDULGENCE

#### SERVED ON ARRIVAL

Selection of Arrival snacks

#### FOOD SERVICE

Spa Picnic Lunch

#### ACCOMMODATION

Executive Suite inclusive of dinner bed & breakfast

#### TREATMENTS - 5 hrs, 30min

- Aroma Spa Bath
- Royal Glow Experience  
(Full Body Massage & Scrub)
- Express Facial OR  
Conditioning Mani- & Pedicure
- Foot Ritual
- African Scalp Massage

R 7 950.00 for two

### RETREAT FOR TWO

#### SERVED ON ARRIVAL

Selection of Arrival snacks

#### FOOD SERVICE

Spa Picnic Lunch

#### ACCOMMODATION

Executive Suite inclusive of dinner bed & breakfast

#### TREATMENTS - 3 hrs, 30min

- Aroma Spa Bath
- Shea Butter Full Body Massage
- Express Facial OR  
Express Mani & Pedicure
- Foot Ritual
- African Scalp Massage

R 7 650.00 for two



TREATMENT MENU

STAY OVER PACKAGES

AFRICAN EXPERIENCE

FOOD SERVICE

Spa Picnic Lunch

ACCOMMODATION

Deluxe Room inclusive of dinner bed & breakfast

TREATMENTS - 3hrs 15min

Aroma Spa Bath  
Hot Stone Full Body Massage  
Express Facial  
African Scalp Massage  
Foot Ritual

R 6 850.00 for two

ROYAL INDULGENCE STAYOVER

SERVED ON ARRIVAL

Selection of Arrival snacks

FOOD SERVICE

Private 4 course dinner

ACCOMMODATION

Royal Suite inclusive of dinner, bed & breakfast

TREATMENTS - 4hrs

Aroma Spa Bath  
Royal Glow Experience  
(Full Body Massage & Scrub)  
Express Facial  
Foot Ritual  
African Scalp Massage

R 16 350.00 for two

PRESIDENTIAL INDULGENCE STAYOVER

SERVED ON ARRIVAL

Selection of Arrival snacks

FOOD SERVICE

Private 6 course wine paired dinner

ACCOMMODATION

Presidential Suite inclusive of dinner, bed & breakfast

TREATMENTS - 4hrs 15min

Aroma Spa Bath  
Royal Glow Experience  
(Full Body Massage & Scrub)  
Express Facial  
Foot Ritual  
African Scalp Massage

R 22 400.00 for two



PAMPER ESCAPE STAY OVER

SERVED ON ARRIVAL

Selection of Arrival snacks

FOOD SERVICE

Spa Picnic Lunch

ACCOMMODATION

Deluxe Room inclusive of dinner bed & breakfast

TREATMENTS - 3hrs 15min

Hot Stone Full Body  
Express Facial  
African Scalp Massage  
Express Mani- and Pedicure

R 6 350.00 for two

DELUXE ESCAPE STAY OVER

SERVED ON ARRIVAL

Selection of Arrival snacks

FOOD SERVICE

Spa Picnic Lunch

ACCOMMODATION

Deluxe Room inclusive of dinner bed & breakfast

TREATMENTS

Express Facial  
Paraffin Dip Manicure  
Deluxe Pedicure  
Shea Butter Full Body Massage  
African Scalp Massage

R 7 350.00 for two

TREATMENT MENU

DAY PACKAGES

DIVINE ESCAPE

SERVED ON ARRIVAL  
Selection of Arrival snacks

FOOD SERVICE  
Spa Picnic Lunch

- TREATMENTS - 3hrs
- Aroma Spa Bath
  - Signature Facial OR Express Mani- & Pedicure
  - Hot Stone Full Body Massage
  - African Scalp Massage

R 3 000.00 per person  
R 5 400.00 for two

RETREAT FOR TWO

SERVED ON ARRIVAL  
Selection of Arrival snacks

FOOD SERVICE  
Spa Picnic Lunch

- TREATMENTS - 3hrs 15min
- Aroma Spa Bath
  - Shea Butter Full Body Massage
  - Express Mani- & Pedicure
  - Foot Ritual
  - African Scalp Massage
  - Back, Neck & Shoulder Massage

R 5 600.00 for two

AFRICAN INDULGENCE ESCAPE

SERVED ON ARRIVAL  
Selection of Arrival snacks

FOOD SERVICE  
Spa Picnic Lunch

- TREATMENTS - 4hrs
- Aroma Spa Bath
  - Spa in the Country Royal Glow Experience (Full Body Massage & Scrub)
  - Signature Facial OR Conditioning Mani- & Pedicure
  - African Scalp Massage

R 3 000.00 per person  
R 5 600.00 for two

AFRICAN EXPERIENCE

FOOD SERVICE  
Spa Picnic Lunch

- TREATMENTS - 3hrs
- Aroma Spa Bath
  - Hot Stone Full Body Massage
  - Full Body Scrub
  - African Glow Facial
  - Africa Scalp Massage

R 2 100.00 per person  
R 4 000.00 for two

ROYAL EXPERIENCE

FOOD SERVICE  
Spa Lunch

- TREATMENTS - 4hrs
- Royal Glow Experience (Full Body Massage & Scrub)
  - Signature Facial
  - Deluxe Pedicure
  - Conditioning Manicure

R 2 300.00 per person  
R 4 500.00 for two

PREGNANCY PAMPER EXPERIENCE

FOOD SERVICE  
Spa Picnic Lunch

- TREATMENTS - 3hrs
- Prenatal Massage
  - Conditioning Manicure
  - Conditioning Pedicure
  - African Scalp Massage

R 1 600.00 per person

HALF- DAY PACKAGES

CHAMPAGNE BREAKFAST EXPERIENCE

Champagne Breakfast at the Hotel Restaurant  
Glass of Sparkling Wine  
Full use of spa pool

- TREATMENTS - 1hr 30min
- Shea Butter Full Body Massage
  - Hydrating & Nourishing Facial

R 1 250.00 per person  
R 2 200.00 for two

## TREATMENT MENU

### PERFECTLY PEACEFUL

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Full use of spa facilities

TREATMENTS - 1hr

Back, Neck & Shoulder Massage  
Foot Ritual

R 800.00 per person  
R1500 for two

### COMPLETE COMFORT

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Full use of spa facilities

TREATMENTS - 2hrs

Back, Neck & Shoulder Massage  
Conditioning Mani- and Pedicure

R 900.00 per person  
R 1 700 for two

### GIRLS DAY OUT EXPERIENCE

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Full use of spa facilities

FOOD SERVICE

Spa Picnic Lunch

TREATMENTS - 2 hrs

Back, Neck & Shoulder Massage  
Express Manicure  
Deluxe Spa Pedicure  
African Scalp Massage

R 1 200.00 per person  
R 2 200.00 for two

### SPECIAL PACKAGES

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#### BRIDAL PACKAGE

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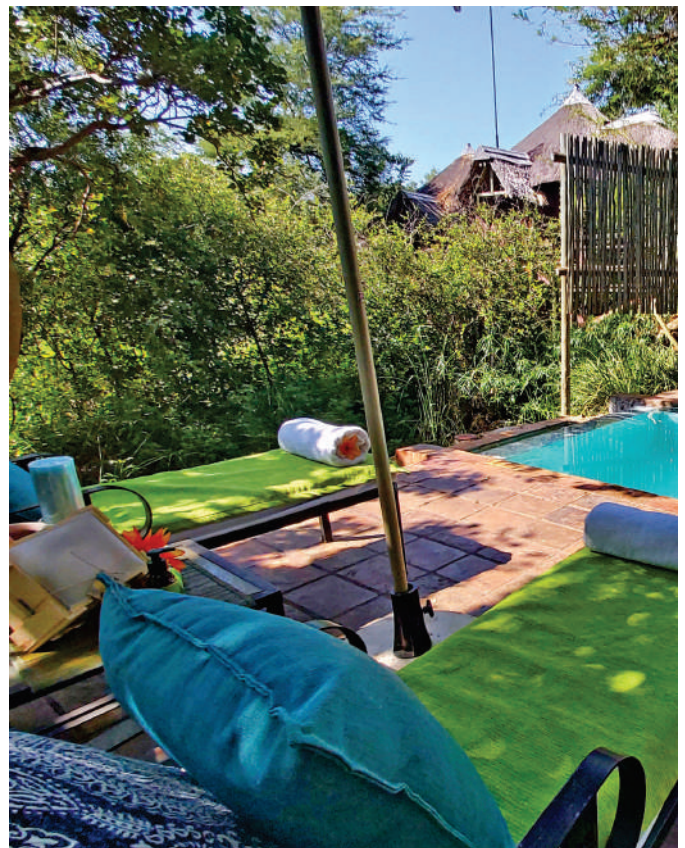
FOOD SERVICE

Spa Picnic Lunch

TREATMENTS - 5hrs

Royal Glow Experience  
(Full Body Massage & Scrub)  
Express Facial  
Lash OR Brow Tint  
Manicure and Pedicure  
African Scalp Massage

R 2 470.00 per person  
R 4 740.00 for two



### ANNIVERSARY PACKAGE

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FOOD SERVICE

Spa Picnic Lunch

TREATMENTS - 2hrs 30min

Shea Butter Full Body Massage  
African Scalp Massage  
Foot Ritual  
Aroma Spa Bath  
Glass of Sparkling Wine

R 3 500.00 for two

### MOM AND ME PACKAGE

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FOOD SERVICE

Spa Picnic Lunch

TREATMENTS - 4hrs

Swedish Massage  
African Glow Facial  
Conditioning Manicure  
Conditioning Pedicure  
Eye Massage

R 1 950.00 per person  
R 3 630.00 for two

# SPA IN THE COUNTRY AT KEDAR LODGE

## TREATMENT MENU

### MASSAGE RITUALS

Spa in the Country Royal Glow Experience (Full Body Massage & Scrub) (1hr 30min)	R 1000.00
Shea Butter Full Body Massage (1hr)	R 650.00
Hot Stone Full Body Massage (1hr)	R 750.00
Hot Stone Back, Neck & Shoulder Massage (30min)	R 500.00
Swedish Massage (1hr)	R 580.00
Deep Tissue Massage (1hr)	R 700.00
Back, Neck and Shoulder Massage (30min)	R 400.00
African Scalp Massage (20min)	R 300.00
Prenatal Massage (1hr)	R 650.00
Hand and Arm Ritual (20min)	R 280.00
Foot and Leg Ritual (30min)	R 300.00

### ESSENTIAL GROOMING RITUALS

#### HAND RITUALS

Conditioning Manicure (1hr)	R 330.00
Deluxe Manicure (1hr)	R 400.00
French Polish Manicure (1hr 15min)	R 320.00
Express Manicure (File and Polish) (30min)	R 160.00
Paraffin Dip (15min)	R 100.00

#### FOOT RITUALS

Conditioning Pedicure (1hr)	R 350.00
Overlay with Pedicure (1hr 30min)	R 450.00
Application - No Pedicure (30min)	R 280.00
Deluxe Pedicure (1hr)	R 400.00
French Polish Pedicure (1hr 15min)	R 340.00
Express Pedicure (File and Polish) (30min)	R 160.00
Calluse Medi Pedi Peeling Solution add on (20min)	R 150.00
Calluse Medi Pedi Peeling - Treatment Only (40min)	R 250.00
Paraffin Dip (15min)	R 100.00

### WAXING RITUALS

Full Leg Wax (1hr)	R 350.00
3/4 Leg Wax (45min)	R 300.00
Half Leg Wax (30min)	R 280.00
Full Arm Wax (45min)	R 250.00
1/2 Arm Wax (30min)	R 150.00
Bikini Wax - Standard (30min)	R 200.00
Under Arm Wax (30min)	R 180.00
Full Face Wax (45min)	R 340.00
Half Face Wax (30min)	R 160.00
Lip, Chin or Brow Wax (20min)	R 80.00
Eyebrow Shape (20min)	R 90.00

### BODY TREATMENTS

African Wrap	R 350.00
Package of 5 Wraps	R 1400.00
Chilli Wrap	R 450.00
Package of 5 Wraps (every 3 days)	R 1900.00

### GROOMING RITUALS

Eyelash Tint (30min)	R 90.00
Eyebrow Tint (20min)	R 90.00
Eyelash & Brow Tint (45min)	R 170.00

### FACIAL RITUALS

Signature Facial (1 hr)	R 600.00
Hydrating & Nourishing Facial (30 min)	R 400.00

### EXTRAS

Soak Off / Buff	R 100.00
Aroma Spa Bath	R 300.00
Spa facilities	R 100.00
Spa Picnic Lunch (Excluding Drinks)	R 225.00

IN COLLABORATION WITH

**Dewdrop**  
HEALTH & WELLNESS SPA

All allocated times include the dressing & undressing of guests. Should you arrive late, we will complete the treatment as per reserved time. Please ensure swimming costumes are worn in all public areas. Bookings essential, terms & conditions apply. E&OE. Prices & packages subject to change without prior notice